



# SELF-INJURIOUS BEHAVIOR

## UNDERSTANDING SELF-INJURY AND HOW TO RESPOND

### Emphasis of Workshop

This workshop will emphasize the increasing phenomenon of self-injury among K-12 students and young adults. Many people who deal with these populations feel concerned and apprehensive about how to respond appropriately. This one-day workshop aims to provide participants with a greater understanding of self-injury, and to increase participants' confidence, competence, and creativity and compassion in this aspect of their work. The role of dissociative symptoms in the process of self-injury, recognizing the link between childhood trauma and self-injury, and establishing principals of good practice with young people and adults that self-injury will receive particular consideration.

### Presenter

Sheri L. Carson, MS, LPC, NCC, brings to you expertise, experience and insights drawn from a career in education of fourteen years, the last six as a mental health counselor in high schools, elementary, and private practice. She has worked primarily with adolescents experiencing self-injurious behavior, and depression.

### Who Should Attend?

K-12 school personal, administrators, counselors, teachers, support staff, and SROs.

### Registration Information

How to Register:

Phone: C 208-404-6002, W 208-733-1321 ext.3413

Mail: form with payment

Fax: 208-733-4243

Call M-F 8:00-4:00 Mountain time, return registration within one week of seminar, for space availability. Walk-ins are welcome but admission cannot be guaranteed.

### Workshop Fee:

**\$20.00** material fee

### Workshop Schedule:

7:30	Registration
8:00	Workshop begins
12:00-1:00	Lunch (on your own)

**For Dates and times contact Sheri L. Carson (see contact information).**

### Contact Information:

Sheri L. Carson

Phone: Cell 208-404-6002,

Work 208-733-1321

Fax: 208-733-4243

E-mail: [carsonsh@tfsd.k12.id.us](mailto:carsonsh@tfsd.k12.id.us)

**Workshop funded by:**  
**Department of Education**  
**State of Idaho**  
**Safe & Drug Free Schools**  
**(208)332-6960**



**Self-Injurious Behavior**  
**Understanding Self-Injury and How to Respond**  
**Workshop**

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Registration Form

Please complete and return this form with your payment to:

Sheri L. Carson  
238 Buhl Street North  
Twin Falls, Idaho, 83301

Please use Black Ink to fill in all sections of this form

Name \_\_\_\_\_

Address \_\_\_\_\_

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Home telephone \_\_\_\_\_ Work telephone \_\_\_\_\_

Email address \_\_\_\_\_

Job title \_\_\_\_\_

How did you hear about this workshop? \_\_\_\_\_

I enclosed the Material fee of \$20.00 \_\_\_\_\_

Applications Must Be Received one week before workshop date, for space availability. Walk-in's are welcome but admission cannot be guaranteed.